

News to Help You Get the Most Out of Life

- Women in Agriculture Workshops
- Tips for Managing Powdery Mildew of Cherry
- Grandparents Raising Grandchildren
- Pathways Spanish Literacy Program Offered

Women in Agriculture Workshops

A "Women in Agriculture" workshop series will be held November 3, 10, 24 and December 1, 5:30 to 8:30 p.m., at the Yakama Cultural Center in Toppenish.

Workshop topics include:

- Your personality temperament and how it affects your relationships.
- The importance of organizational and time management skills.
- Farm lease options.
- Business plans.
- Insurance options.
- Interpreting financial information.
- Family business meeting basics.
- Developing a marketing plan.
- NRCS and FSA programs for women.
- Intergenerational communications.
- "Appreciative Inquiry" to build on your strengths.
- Risk management strategies.

Pre-registration is required and enrollment is limited to 20 people to facilitate discussion and encourage networking. Registration is \$25 per person and provides materials and break refreshments for the 4-day workshop series. **Phone registration only** by calling (509) 745-8531. **Checks can be mailed to:** WSU Douglas County Extension, P.O. Box 550, Waterville, WA 98858. For more

information contact Margaret Viebrock at 509-745-8531; e-mail viebrock@wsu.edu The workshop is sponsored by Washington State University Extension along with The Western Center for Risk Management Education and in collaboration with the South Central Washington Resource Conservation and Development Council

Tips for Managing Powdery Mildew of Cherry

The 2009 cherry harvest was a less-than-stellar year for cherry producers. There was a surplus of cherries that matured in a very short period throughout the Pacific Northwest and cherry prices plummeted leaving fruit unpicked. Making matters worse, we experienced higher than normal incidences of cherry powdery mildew particularly in the late-maturing varieties.

In those orchards where powdery mildew was a severe problem this season, producers should consider dormant season applications of lime sulfur to reduce the amount of powdery mildew that survives the winter and contributes to next year's disease pressure. In addition to reducing powdery mildew next season, this strategy provides growers with a unique means of controlling mildew while conserving fungicide products. Powdery mildew resistance to the new fungicide products is of concern to WSU researchers.

These lime sulfur applications do not preclude proper pruning this winter, aggressive fruit thinning to reduce large fruit clusters, orchard scouting and monitoring for powdery mildew and the need for a carefully executed fungicide application program next season.

Remember that orchard economics must be considered by producers before making lime sulfur applications or any other management decisions. There is little reason for lime sulfur applications if powdery mildew was kept at acceptable levels in 2009.

-- Michael Bush

Grandparents Raising Grandchildren

If you are a grandparent raising a grandchild, take care of yourself physically and emotionally. Here are some tips: See your health care provider on a regular basis.

Consider seeking out mental health services for yourself and your grandchild.



- Recognize that you may be experiencing grief and loss due to your circumstances.
- Consider taking parenting classes for an update on raising children.
- Seek financial assistance through your local social services office.
- Join a support group to broaden your social network.

For more resources on dealing with the issues you face as a grandparent raising grandchildren, go to:

http://www.extension.org/pages/Mental_Health_Issues_of_Grandparents_Raising_Grandchildren

Pathways Spanish Literacy Program Offered

WSU Extension Yakima County will be the sub-contractor for Ready by Five to provide a minimum Pathways program. The Pathways program is defined as a Spanish literacy program sponsored by the Mexican government for Spanish speaking day care providers. It is called the CONEVyT curriculum and will be 2 hours in duration, held two evenings each week. In addition to those classes, twice each month students will also attend a STARS approved class covering topics aligned with child care best practices using the Creative curriculum. Licensed family home child care providers, assistants, and licensed center employees participating in the Ready by Five Seeds to Success Modified Field Test will be eligible for the program. Priority enrollment will be offered to Ready by Five program participants, with enrollment open to non field test participants from within or outside of the Ready by Five boundaries once the Ready by Five enrollment deadline date is expired. Class size is expected to be 15 -20 in registered participants and is expected to begin early this month.

WASHINGTON STATE UNIVERSITY YAKIMA COUNTY EXTENSION

Washington State University Extension helps people develop leadership skills and use research-based knowledge to improve their economic status and quality of life.

Christine B Jackson

Christine B. Jackson, County Director & 4-H Youth Development

Michael R. Bush, Ph.D., Minor Crops/
IPM Tree Fruit

W. Frank Hendrix, Animal Sciences,
Irrigated Pasture & Range Management

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