



Yakima Health District

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Health Care Provider Alert

Alert: Meningococcal disease outbreak at Oregon State University (OSU)

- Meningococcal B strain
- [5th OSU student diagnosed](#) with meningococcal disease November 24, 2017
- Winter break is December 8, 2017 – January 7, 2017

Action Needed:

1. **Vaccinate returning OSU students with the MenB vaccine.**
2. **Be aware of the signs and symptoms of meningococcal disease.**

During winter break, out of state students from CA and WA will be returning home and may be seeking initial or follow up vaccination with the meningococcal B vaccine. Vaccination of these students should be considered urgent. Providers should also consider meningococcal disease in their differential diagnosis for OSU students who present with meningococcal disease-like symptoms.

OSU Student Health Services: Meningococcal Disease

<http://studenthealth.oregonstate.edu/meningococcal-disease>

- OSU Vaccine Requirements: Quadrivalent meningococcal vaccine and meningococcal B vaccine

Review the signs and symptoms of meningococcal disease: Signs of meningococcal disease are similar to other illnesses and can be hard to identify. Early identification and treatment can prevent disability and even death. Symptoms include:

- Fever
- Headache and stiff neck
- Nausea
- Vomiting
- Sensitivity to light
- Confusion
- Fatigue
- Shaking chills
- Rapid breathing
- Severe aches and pains in muscles, joints, chest or belly