

What should I do if I think I have been exposed to COVID-19?

People who are sick and have been exposed to COVID-19:

<https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/COVIDcasepositive.pdf>

People who have been exposed to COVID-19 but are not sick:

<https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/COVIDexposed.pdf>

People who are sick but have not been exposed to COVID-19:

<https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/COVIDconcerned.pdf>

Additional COVID-19 Educational materials available at:

<https://www.doh.wa.gov/Emergencies/NovelCoronavirusOutbreak2020/HealthEducation>

¿Qué debo hacer si creo que he estado expuesto a COVID-19?

Personas enfermas y expuestas a COVID-19:

<https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/COVIDcasepositiveSPANISH.pdf>

Personas que han estado expuestas a COVID-19 pero no están enfermas:

https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/COVIDexposed_notSickYet_ES.pdf

Personas que están enfermas pero no han estado expuestas a COVID-19:

<https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/COVIDsickNotExposedSpanish.pdf>

Materiales educativos adicionales COVID-19 disponibles en:

<https://www.doh.wa.gov/Emergencies/NovelCoronavirusOutbreak2020/HealthEducation>