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December 12, 2022

Yakima County Health Department  
Yakima, Washington

Attention: [ryan.ibach@co.yakima.wa.us](mailto:ryan.ibach@co.yakima.wa.us)

Reference: December 2022 Article in the Yakima Herald Republic

Subject: Public Comment Concerning: Disseminating Misinformation to the Public

To the Board and Hired Officials:

After reading the referenced article I continue to ask the question of, why do we have a health department; the information in this article is nothing but the misinformation being disseminated by our local officials that has no credence nor scientific value whatsoever.

Stephanie Badillo-Sanchez who is a spokesman for the health district stated in this article that the officials at the Yakima Health Department is using the guidelines this year to minimize the spread of the RVS and flu viruses on the Covid-19 guidelines. These guidelines are nothing but misinformation and if the professionals had and are doing their jobs in the health department you would know that!

The scientific information from well over 146 true scientific studies that have been peer reviewed have proven that wearing masks to prevent the spread of the Covid virus or any virus is nothing but a political statement and there is no scientific proof nor study that shows that any mask prevents the spread of any virus including airborne viruses. Not Covid, Not the Flu, Not the virus of a common cold.

The medical professionals wear masks to prevent fluid off the medical professionals and of course in surgery for the same reason, they do not wear masks to prevent contracting a virus that was never the reason for medical professionals wearing masks. The mask mandate from the state officials in the past two years along with other mandates are totally unconstitutional and have been judged so for our judicial system in more states than I can count.

It has been stated by the CDC that masks do not work, and they never had any scientific proof. Matter of fact it was stated that masking and social distancing was nothing but for political reasons. I am sure I do not need to explain that to anyone, I hope!! There are more than 146 scientific studies on these masks including the N93 that shows the virus goes right through the mask.

Masks have also been proven to cause infection because of causing the wearer to breathe in nothing but bacteria and CO2. There are Scientific studies that state that the death rates during other pandemics where the masks were used, were the cause of patients getting pneumonia and other infectious bacteria diseases of the lungs which was the cause of death of the people who were hospitalized not the virus itself.

This information is readily available, and I find it inexcusable that a county health district would even put this type of information out to the public.

If the Officials at the Yakima Health District have scientific and peer reviewed studies from independent scientist that are also peer reviewed to substantiate their recommendations that I ask that you forward that to me and to the public.

Also, to post that the rise of infection rates in RSV and the flu is up from early fall may be correct but is normal for this time of year. It is nothing new and has been going on forever as this is the flu season and the kids went back to be in school and that is what happens and has happened from beginning of time. RSV has been around since the early 50's and most of us have it during our lives. Its nothing new and is around this time of year every year.

What is it that the Health Department employees do not understand when it comes to the term "Flu Season"?

Just stop with the scare tactics and do the jobs you were hired to do, to tell the people the truth, not gossip, not unproven statements from other officials, but the proven truth.

All I see coming from the Yakima Health Department is one copied statement after another from the state that also has no scientific evidence that anything they say works. I have requested data from them, and they can't provide any evidence, let alone any true scientific evidence that has been peer reviewed.

Do your jobs, that includes the board. Question information, do research and become informed. Fight for the people of this county to ensure that the people are given true and informative information and stop following like a flock of sheep and kissing the ring of the ones in Olympia. The people have been lied to for two Flippin years and truthfully are getting very tired of it. I know for a fact that we could surely find other ways to use the money put into our health department for other worth while projects in our valley than to be fed more misinformation as we have in two years.

Because of this misinformation that has come from the state and from county health departments, the school wizards have masked our children and kept them isolated from their friends and family members. You have denied them a true and valuable education and these children that just started school have and will be behind in their development for maybe the rest of their lives. None of this was necessary and none of it did anyone any good.

The People who have died in the past two years have in most cases died alone! People who have lost loved ones to have not been able to bury those loved ones, have not been able to say goodbye to the people they loved as they passed away. For what reason? Please tell me because there was no reason and no one in the health department questioned anything.

For Miss Badillo-Sanchez to put out this statement is irresponsible and for the management of the health department to allow it as far as I am concerned a reason for termination!

The people of this valley deserve better than this; we deserve a health department that only wants to put out the truth. All I see are people who follow like sheep and don't want to cause any waives. That is not what this county needs, nor this state.

The so-called Pandemic is over. Covid-19 has been official declared over and yes it was real, but it is no more deadly than the flu. It has been verified that in most cases it was the flu and the PCR tests that were never reliable gave false positives and were never meant to test for Covid to start with. This was reported by true scientists and medical professionals that knew the truth. But as usually no one questioned it. People drove up to people stuck their arms out of windows and let strangers give them shots that they had no idea what was in them or if they had proof, it even worked.

Now we know that the masks did not work, the social distancing did not work (CDC stated it was all political) and the PCR tests did not work, the vaccines did not work and we are finding out they are causing nothing but harm to the people that have taken them including blood clots, myocarditis, heart attacks in children and young adults, bells palsy, miscarriages, breathing problems, low sperm count in males, vision problems, death rates skyrocket etc. I can go on and on, but I truly don't think any of you in the health department care. The proof that the Vaccines which are not vaccines don't work is everywhere!

Did anyone ever ask themselves during the Plandemic why people were not just dropping dead in the streets? Falling dead at work? Falling dead in their cars? In true so-called pandemic that has hit the world in the past people were dropping dead everywhere. I did not see anyone drop dead on the street, in a store or anywhere.

The information that came out to start with and that was proven to be true was that it was not a deadly virus with a 98% survival rate! The survival rate for the flu is in the same area, 95% to 100% depending on the age of the person. Not much difference.

Yet with all of this going on I have not heard one thing from our County Health Department. What I do hear are the same lies that have been coming out for the past two years.

Regards,

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**Ryan Ibach**

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**From:** Sunny Family Medicine Clinic <nilsen@sunnyfamilymedicine.com>  
**Sent:** Thursday, December 15, 2022 8:28 PM  
**To:** Ryan Ibach  
**Subject:** Public Comment Submission

**CAUTION : This email originated from outside of this organization. Please exercise caution with links and attachments.**

**Comment:**

As I was watching a previous Yakima Health Department Public recorded video meeting there was a discussion on the merits of harm reduction therapies including providing for Yakima residents life-saving reversal medications for opiate drug overdose, funding needle exchange programs, and providing medications and resources to treat addiction.

One particular Yakima County Commissioner and Yakima Health District board member piped up in opposition to these measures.

"You know, sometimes compassion can be enabling."

Those words have echoed in my head since I first heard them, and my disbelief and disgust is as fresh now as it was then. She said the quiet part loud, and perhaps revealed more than she intended.

Later in 2022 she posted a public "selfie" video along the Yakima Greenway as tons of debris including used needles and syringes was removed via helicopter. Wouldn't those cleanup workers have preferred this biohazardous waste to have been collected in appropriate receptacles? Wouldn't her constituents prefer fewer used needles in their public parks and paths? Isn't a Health District supposed to try to keep all its residents alive and healthy?

It's hard to imagine, but an elected public official with a six-figure annual salary paid for by the taxpayers publicly admitted that she believes some of her own constituents simply don't deserve a second chance.

That someone's daughter or son or father or mother fighting addiction isn't worthy enough to receive potentially life-saving treatment.

That some limbs aren't worth trying to prevent from becoming infected or necrotic.

That some mistakes deserve to be fatal, and that some lives just aren't worth saving even if you have the opportunity to prevent imminent death.

We really can't place too much blame on her and ought to give her some grace, because with all due respect exactly what business does an ex-mortgage banker have in making informed public health decisions or recommendations that affect the health and lives of others?

It is especially the people who struggle with addiction, people who suffer in poverty, and the people whose lives hang in the fine balance between life and death who deserve our utmost empathy, our compassion, and our grace.

It is my opinion that she should resign from her position within the Yakima Health District Board of Health, write an apology to be posted to the Health District website in both Spanish and English, and look deeply inward in reflection to discover exactly when and how she lost empathy for her fellow humans, if she possessed any to begin with.

Or, perhaps just as unrealistically, we could just change the message on the billboard when you come into town.

"Welcome to Yakima: Where Compassion Can Be Enabling."

-Dr. Christian Nilsen, DO FAAFP  
Yakima, Washington