

Welcome to Winter

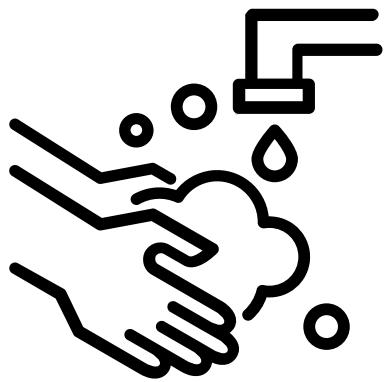
For a Warm and Safe Winter!



A Winter Safety
Coloring Packet
for Kids

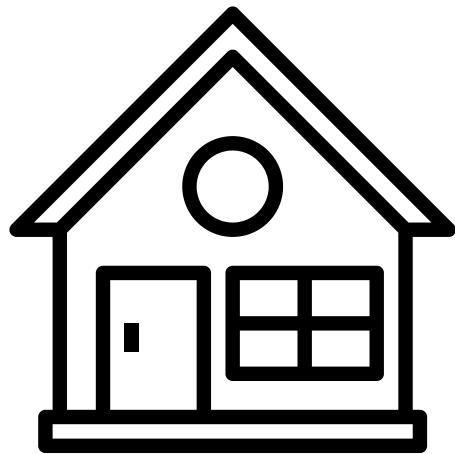
www.YakimaHealthDistrict.org



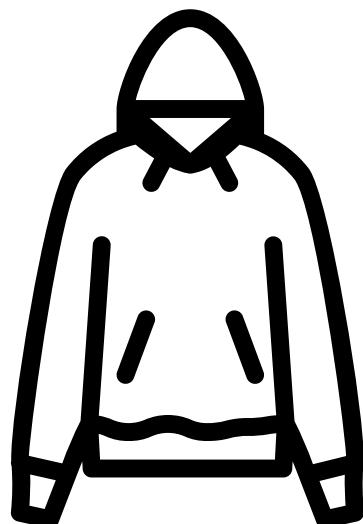


HEALTHY WINTER HABITS

Wash your hands



Stay home if you're
sick



Exercise

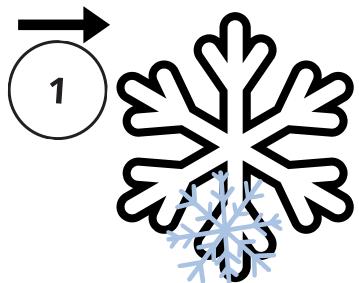


Cover your cough
or sneeze

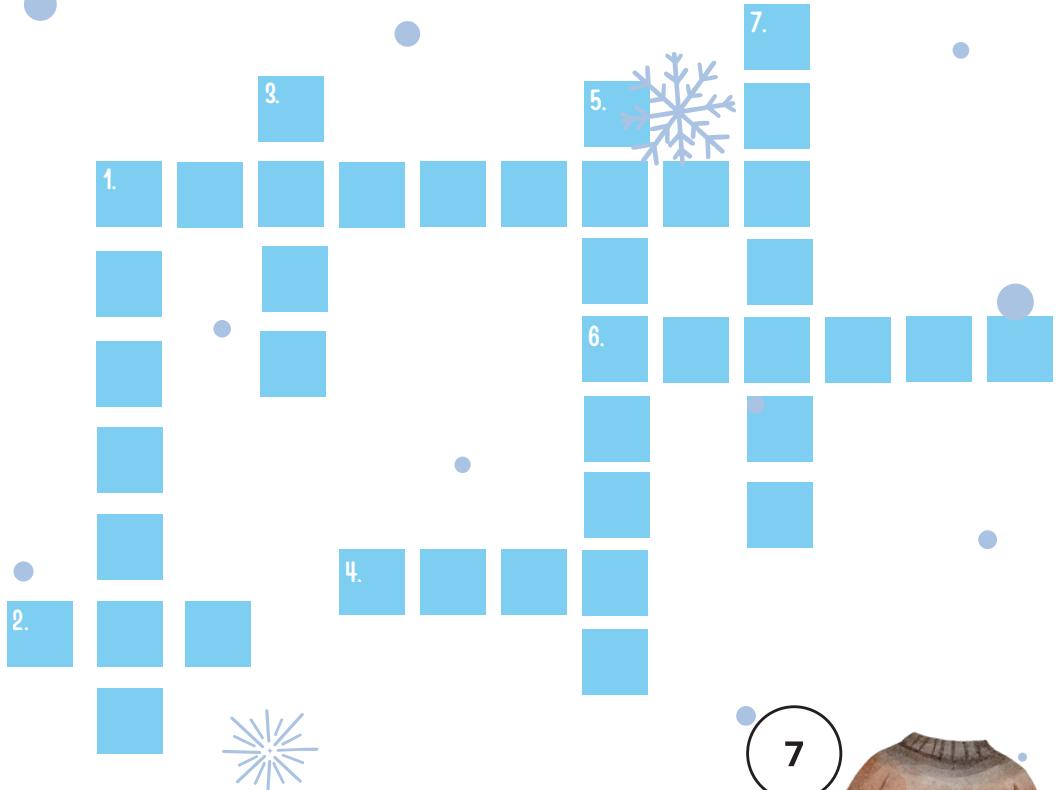


WINTER THINGS

★ STAY WARM



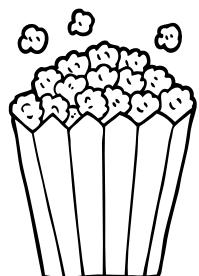
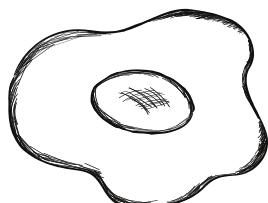
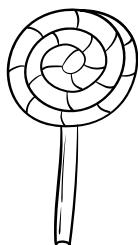
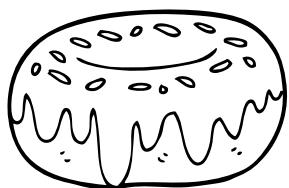
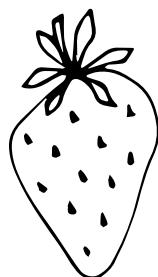
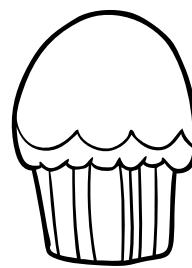
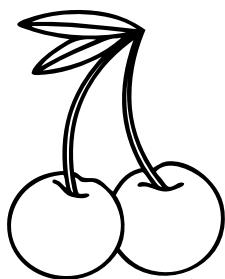
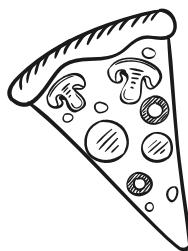
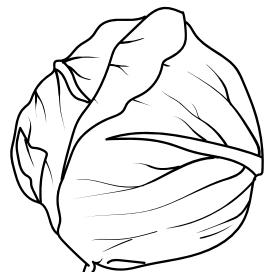
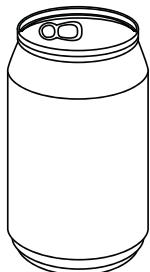
CROSSWORD PUZZLE



ANSWER: -->1. Snowflake 1. (Down) Snowman 2. Hat
3. Boot 4. Leaf 5. Earmuffs 6. Mitten 7. Sweater

Healthy and Unhealthy Food

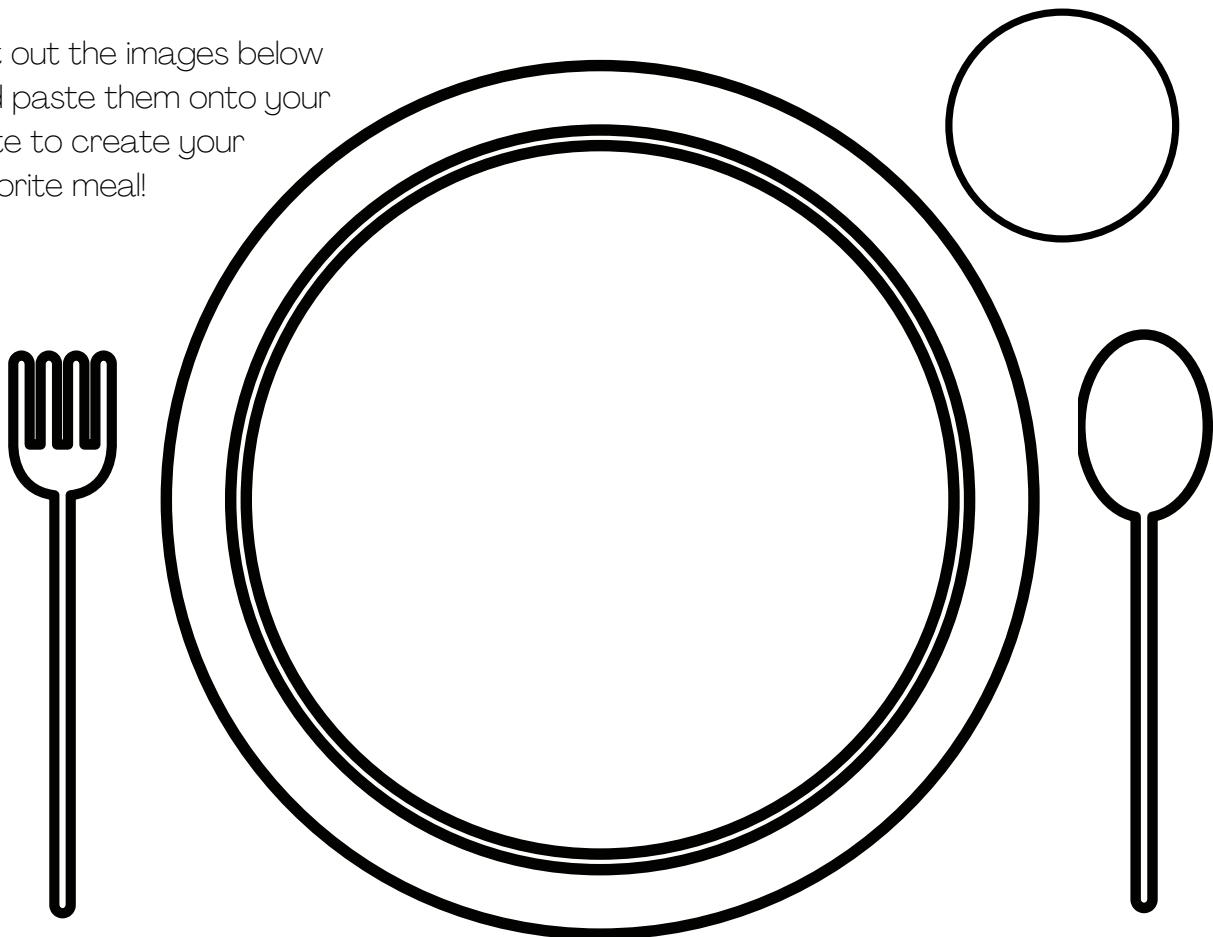
Color the healthy food and cross out the unhealthy.



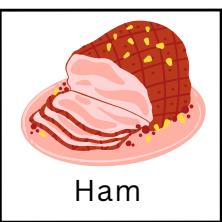
WHAT'S YOUR FAVORITE HOLIDAY FOOD?



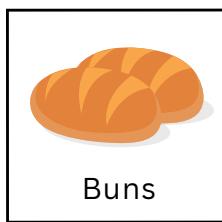
Cut out the images below and paste them onto your plate to create your favorite meal!



Green Beans



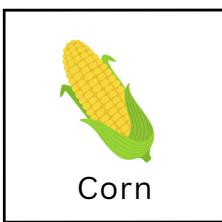
Ham



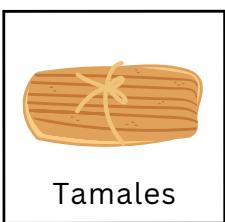
Buns



Eggnog



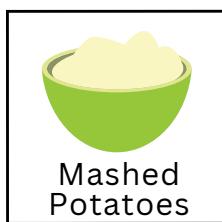
Corn



Tamales



Apple Cider



Mashed Potatoes



Turkey



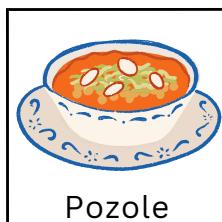
Brussel Sprouts



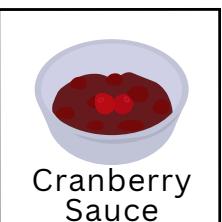
Empanadas



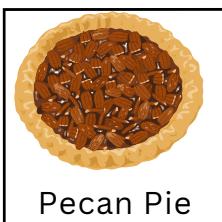
Pumpkin Pie



Pozole



Cranberry Sauce



Pecan Pie

DRESSING FOR COLD WEATHER

